



February 21, 2020

«The Nashville Session» Julia Heart

Product Info

Label	Little Jig Records
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Genre	Independent
Subgenre	Americana, Country
Format	LP
EAN	0758913510115
Prod. Code	LJ-6302
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Julia Heart has again proved that sitting still is just not her thing. Following her solo debut last year, she's now bringing a little bit of the musical metropolis home with «The Nashville Session». After deciding to go solo after having been the songwriter and lead singer of The Konincks for many years, Julia Heart released her debut EP in the summer of 2019, on which she introduced her new body of work. The mellow tracks, with their catchy tunes and traditional American, folkly charm were met with much positive response from fans and the media, both at home and abroad.

The Nashville Session: Shortly after the release of her self-titled EP, Julia Heart put out her feelers and «moved right out of her comfort zone» to the musical mecca Nashville for several months. In autumn 2019, she rounded up a handful of her American musician friends and recorded «The Nashville Session» in only one day. In addition to Julia's soulful voice, the «Session», which is available exclusively on vinyl, features guitar, violin, double bass and mandolin. After only two rehearsals, it went straight to the recording studio. The result is remarkable, bearing in mind that live sessions can only be post-edited to a limited degree. One special highlight is Joe Lenza on the mandolin, who's already made himself a name on the American music scene with his band «Under the Willow». With Wilson Harwood as the producer, the four musicians around Julia Heart were able to devote themselves with heart and soul to their instruments. Here, Harwood has once again shown his great skill in creating authentic acoustic productions.

Record-players on! The live session is a live acoustic experience and was recorded in one go at the «Helping Our Music Evolve (H.O.M.E.)» studios in trendy East Nashville. The «Session» contains four tracks written by Julia. On the one hand, Julia presents completely new arrangements of her songs «Jungle» and «Forever Means No More» from her debut EP, while also re-recording «Withering», a song she already released with her band The Konincks in 2015. The former psych-rock song allows Konincks fans too to look forward to a new era and offers a surprise bluegrass highlight between the American-style folksongs. Among the re-recordings, the listener also gets to hear the current single and new recording «Gonna Be Good, Gonna Be Fine». The song tells of the daily stumbling blocks in a musician's life and shows its vulnerable and annoying sides, without forgetting the music community's sense of togetherness. With «The Nashville Session», Julia takes her music into a new phase and allows listeners to light-heartedly immerse themselves in a typical day in the musical metropolis of Nashville.

In addition, the four songs from the debut EP released in summer 2019 are also included on the B-side of the disc. The record fits perfectly into a harmonious record-playing evening and sounds just as authentic, dreamy and gentle as the music of Julia Heart that we know and love.

«The Nashville Session» is available exclusively on vinyl and in a limited edition at Julia Heart's live shows. Further information, the video of the live session and upcoming tour dates are available at: www.juliaheartmusic.com

1. Gonna Be Good, Gonna Be Fine (3:42)
2. Jungle (4:13)
3. Forever Means No More (4:01)
4. Withering (2:38)

All songs written by Julia Heart
Studio Engineer, Mixing: Wilson Harwood
Mastering: Schnittstelle

Julia Heart: Vocals, Harmonica / Claire Flynt: Guitar / Ansley Rushing: Violin / Joe Lenza: Mandoline / Joe Dickey: Upright Bass